

# KNOX ACTIVE AGEING ADVISORY COMMITTEE

**18 November 2021**

**Time: 7.00 to 8.47pm**

**Meeting held via Zoom**

*As this Advisory Committee has been established by Council and includes at least one Councillor and a staff member it is an Assembly of Councillors in accordance with the Local Government Act.*

*Councillors and staff are required to declare any conflict of interest that they may have in regards to any item discussed that is intended or likely to be the subject of a report to Council or a decision of an officer under delegation. In declaring a conflict of interest the Councillor or staff member must leave the meeting whilst the matter is being discussed. A definition of conflict of interest in accordance with the Local Government Act is provided in the Active Ageing Advisory Committee Folder.*

*Community representatives on the Committee are not subject to these provisions; however they are required under their terms of appointment to declare any conflicts of interest that may arise for them from time to time. It will be a matter for the Chair to determine if the community representative is required to leave the meeting whilst a particular matter that is subject to a conflict of interest is being discussed.*

## 1. Welcome and Apologies

Attendees: Eddie Atacador; Marilyn Beyer; Linda Black, Diana Bossio; Gary Cantwell; Anne Sherrard; Cr. Nicole Seymour; Cr. Meagan Baker; Lana Harris; Kylie Johnson; Stuart Ireland; Emma O'Hare.

Apologies: Rachel Bast, Marlene Franke, Lyn Maestri, Judith Mercieca.

## 2. Conflict of Interest Declaration

No conflict of interest declared.

## 3. Confirmation of Minutes of Previous Meeting

Moved by Linda, Seconded by Marilyn.

## 4. Items for Discussion

### 4.1 Exploring Intergenerational Interventions (60 minutes)

Facilitators: Emma O'Hare, Intergenerational Officer, Knox CC  
Stuart Ireland, Coordinator Healthy Ageing Planning and Growth, Knox CC

- Emma provided a brief overview of intergenerational practice and the benefits for all ages (from the presentation slides sent to the Committee for pre-reading).

- Stuart provided a brief update on the Children Youth and Seniors Plan (CY&S Plan)
  - The implementation plan is currently being drafted and will go to Council for endorsement in the new year. This will be a public-facing document and made available on Council's website.
  - Two of the draft action statements are:
    - Raise awareness and support the research of community attitudes and beliefs towards seniors, and strengthen organisational systems and structures.
    - Deliver, and facilitate the delivery of, a range of intergenerational activities, events and programs across the municipality
  - The aforementioned actions are supported by a number of specific actions in the Community Access and Support department Business Plan. These include, but are not limited to, an annual ageism campaign, senior's festival, research project, age equity audit, and intergenerational contact initiatives.
- Committee members made the following observations and suggestions:
  - Tapping into existing opportunities and partnering with organisations, e.g. in relation to a possible Home Sharing program (Cr. Seymour)
  - The language in the plan needs to be relevant and easy to understand for the average person in the community, including those from a multicultural background (Marilyn)
  - Conduct this same intergenerational workshop with Council's Multicultural Advisory Committee (Cr. Seymour)
  - Consider intergenerational activities, events and programs with the greatest potential for significant reach and impact in the community, within current resources.

### Workshop discussion:

- A brief summary of each group's ideas is provided below. Comprehensive notes have been captured through Council Officer note-taking and the Miro online whiteboard.
- Group 1:
  - Support the roll-out of the EdConnect program in schools
  - Display intergenerational imagery in high traffic places and spaces
  - Link indigenous people to community and space
  - Leverage existing Repair Cafes to include an environmental focus
  - Develop/reimagine outdoor third spaces to better facilitate social connection
- Group 2:
  - Produce digital stories of people's lives as part of a literacy program
  - Young people assisting older people with tasks in their homes
  - Facilitate playgroups in retirement villages
  - Conduct/scale reading programs in libraries and schools
  - Facilitate life story writing, photo sharing, gardening, career mentoring

- Group 3:
  - Hold an all generations art exhibition, translate artistic works into street art, and create shared artistic spaces
  - Position seniors exercise parks next to children's playgrounds
  - Explore music across the generations, and poetry reading sessions
  - Facilitate intergenerational chess, pickleball and walking basketball
  - Facilitate multicultural cooking classes
  
  - **ACTION:** Kylie to share the collated workshop notes once all Intergenerational Workshops have been held with relevant Council staff and Advisory Committees.
  - **ACTION:** Kylie to advise Committee members of Council actions once agreed and approved.

## 5. Business Arising from Previous Meeting

- 5.1 No business arising from previous meeting.

## 6. Other Business

- Diana advised that the GOAT project is close to completion. Positive images of older people in the community will be available for Councils to use in their communications and materials.
- Lana advised that Judy will return to the Manager Community Access and Support role next week and thanked the Committee for making her feel welcome at the past two meetings.
- Gary gave an update on the seniors exercise park at Carrington Park. Construction is underway and due for completion in December.
- Cr. Seymour advised that Coonara Neighbourhood House have a seniors program coming up in December
  - **ACTION:** Kylie to circulate the flyer with the minutes.

## 7. Next meeting

### Knox Active Ageing Advisory Committee meeting

- Stuart gave an update on Knox's COVID Roadmap to return to site. Advisory Committees will be able to return to face-to-face meetings from 31 January 2022.
  - General consensus from members is to maintain Thursday's as the regular meeting day. The meeting time will be adjusted to reflect face-to-face meetings.
- The first meeting for 2022 will be held in mid-February.
  - **ACTION:** Kylie to schedule 2022 Committee meetings prior to the end of the year.